



Hillsdale Baseball & Softball Association

2012
SAFETY MANUAL

www.hillsdalebaseball.com

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HILLSDALE BASEBALL & SOFTBALL ASSOCIATION

Executive Officers

President	Abby Lundy
Vice President	John Sariol
Treasurer	Janis Mayo
Corresponding Secretary	Greg Blair
Recording Secretary	Alex Belgiovine
Safety Officer	Paul DePaolo
Boy's President	Joe Patti
Boy's Vice President	Mike Cuffe
Knickerbocker President	Greg Dilorenzo
Knickerbocker Vice President	John Coyle
Boy's Player Development	Chris DeRosa
Equipment Manager	Bart Colasuono
Girl's President	Bob Basovsky
Girl's Vice President	Andy Puller
Girl's Player Development	Tom Spadafino
First Grade Coordinator	Devin Flanagan
Tee Ball Coordinator	Jeff Cramer

*** HBSA's 2012 Safety Manual should be present at all games and practices.** There should also be a copy of this manual in every snack shed, all job boxes and in every First Aid kit. The purpose of the manual is to provide managers and coaches with information to ensure a safer environment for our children and many volunteers. This manual should be given to every head coach to distribute to all assistant coaches.

ASAP, started by Little League in 1995, stands for ***A Safety Awareness Program***. The objective is to create awareness of dangerous situations so we can correct them before accidents occur. Managers, coaches, and umpires are responsible for walking the field prior to practices and games to look for rocks, holes, glass, etc. Umpires should check all bats, catcher's equipment and catchers for a protective cup, and when the game starts; umpires are responsible for the safety of the game! In the event of rain or lightning, remember safety is the priority; a game can be continued or re-scheduled.

First-Aid Kit Contents

- Adhesive bandages-assorted sizes
- Anti-bacterial ointment
- Anti-bacterial soap
- Athletic tape
- Bandage scissors
- Elastic wrap
- Hydrogen peroxide
- Ice packs – 20
- Insect sting swab
- Latex-free gloves – 3 pairs
- Petroleum jelly
- Rubbing alcohol
- Saline solution
- Sterile gauze pads (3” and 4”) – 6 of each

It is the head coaches responsibility to report to the safety officer if any supplies have been used during a game (ice packs, Band-Aids, etc). This should be done after each game, to avoid missing or lack of supplies. The safety officer will check all job boxes twice a week.

EMERGENCY – CALL 911

Hillsdale Police, Fire & Ambulance (201) 664-4200

Emergency Care Tips

Call 911

DO NOT HARM THE PATIENT! KNOW WHAT YOU ARE DOING!

Asthma – seek emergency care if a child experiences any of the following:

Chest or neck is pulling in while struggling to breathe
Coughing or wheezing doesn't improve within 15-20 minutes after taking medicine
Fingernails and/ or lips turn blue or gray
Skin between child's ribs sucks in when breathing
Stops playing and cannot start again
Trouble walking or talking

Broken Bones

Immobilize
Ice if available – never next to skin
If compound (open) cover with sterile dressing and do not move
If absolutely necessary to move, keep area in position of comfort

Burns, Lightning

If someone is burned, cool burn with cold clear water and then cover with dry dressing. Treat patient as needed for shock. Do not apply any ointment or medications.
If someone has been struck by lightning, move them out of the area of danger – only if it is safe. Otherwise do not go near the patient until help arrives.
If patient is reachable and you know CPR it is probable you will need it Use shock precautions as above.

Cuts

If cut is minor, rinse with cold water and cover with dry sterile dressing. If bleeding persists or is heavy, place a dry clean dressing over the wound and apply pressure, continually. Do not stop until someone relieves you. Use shock precautions, and elevate area that is bleeding (unless head).

Dehydration

Signs of dehydration can sneak up on you. In hot or humid weather the best precaution is hydration. Schedule water breaks and even fruit slices for a little sugar pick up. If someone appears very red, no sweat, and disoriented, immediately seek help. Treat for shock except, instead of keep warm, remove as much clothing as possible and sponge with cool, not cold water.

Nosebleeds

Contrary to the old school of thought, do not have patient put head back. Firmly press bridge of nose with two fingers and do not move until help arrives. You can apply ice to nose and back of neck.

Shock

Keep patient flat for blood flow to brain. Keep warm and reassure until help arrives. Shock can occur from any of the injuries we are discussing. You should also keep the patient as warm as possible.

Stings and Bites

First find out if patient is allergic. If allergic and they carry an epi pen, help patient administer; they will know what to do. If they are not allergic, wash area with cold water and put ice pack on area that has been bitten-elevate.

Unconscious

Need to establish if patient fell and hit head – if so – do not move at all until emergency help arrives. Someone can maintain a stabilization of the head until help arrives. If fainted or out for a few seconds – keep completely flat. If patient begins to vomit, log roll to side maintaining head stabilization if necessary. If patient has stopped breathing or has no pulse, begin CPR IF you know what you are doing. Use barrier devices at all times.

Concussion

A concussion is a brain injury that occurs when you receive a sudden blow or jolt to the head. It is a type of traumatic brain injury (TBI). Your doctor may call a concussion a "mild brain injury." Most concussions are not life-threatening, but they can have serious effects. A concussion may lead to thinking, sleeping, and balance problems, and symptoms. In rare cases, a blood clot may form on the brain after a concussion. This is a life-threatening condition. Warning signs include persistent headache, extreme drowsiness, slurred speech, and repeated vomiting or nausea. much more. If a player exhibits any of these signs they must be removed from the game.

Safety Procedures

1. No Player should be left unattended while waiting to get “picked up” by an adult after a practice or game.
2. No game or practice should be held when weather or field conditions are not good, or when lighting is inadequate. The umpire is responsible for field conditions (i.e. drizzle, rain, thunder and lightning, fog, wet or muddy field, etc.) once the game begins.
3. Field should be inspected by coaches and umpires before games for holes, damage, stones, glass, or other foreign objects. Check conditions of fences, backstops, defective sprinkler heads/leaks, warning track, etc.
4. Breakaway bases should be inspected before game to ensure proper installation.
5. Equipment should be inspected regularly for proper condition and fit. Any unsafe or damaged equipment should be returned to Equipment Manager and replaced immediately.
6. All teams’ equipment should be stored within dugouts or behind screens and not within area of play for both games and practices. Gates should be kept closed at all times during practices and games. Only one batter in the on deck area is permitted.
7. Only players and 3 certified coaches and 1 certified scorekeeper, and umpires are permitted on the playing field or in the dugout during games and practices. All others will be asked to leave the dugout.
8. During games & practices, all players should be alert and watching the batter on each pitch.
9. During warm-up drills, players should be spaced so that no one is endangered by wild throws or missed catches.
10. All warm-ups should be performed within the confines of the playing field & not within areas that are frequented by & thus endanger spectators (playing catch, swinging bats, etc.)
11. HBSA uses wood bats for T-ball and recreation baseball on all fields except at the Knickerbocker level. This does NOT affect travel baseball leagues, only our town recreation leagues. We made this decision through many months of discussions, meetings and soliciting outside opinions prior to the 2008 season. Please understand that this was a

decision not taken lightly. This decision was made with the children of Hillsdale who play baseball as our number one priority.

- **For the Little League Major Baseball Division and below:** The moratorium on composite-barreled baseball bats remains in effect. However, some composite-barreled baseball bats that have been proven in laboratory testing to meet the BPF (Bat Performance Factor) standard throughout the life of the bat, through the Accelerated Break-In (ABI) process, have received waivers. That list is here: [Licensed/Approved Composite 2 1/4 Bats](#).

Note that in the Little League Majors Baseball Division and below, there is no limit on the “drop” weight of any bat.

- **For Junior League Baseball:** The rule was updated to reflect the changes that were anticipated and published two years ago regarding bats with 2 5/8 inch barrels. As a result, composite-barreled baseball bats in this division, regardless of barrel size, must meet BBCOR (Batted Ball Co-Efficient of Restitution) standards, and must be so labeled. Note that all composite-barreled baseball bats that meet the BBCOR standard have a “drop” of no more than “minus-3.” However, in the Junior League Baseball division, bats that **do not have composite materials in the barrel (i.e., all metal, all alloy, all wood)**, and meet all other applicable standards, can have ANY drop weight. Bats with a barrel of less than 2 5/8 inches also can be used in the Junior League Baseball Division, but must still comply with all other specifications noted.
- **For Senior League Baseball and Big League Baseball:** The rule was updated to reflect the changes that were anticipated and published two years ago regarding bats with 2 5/8 inch barrels. As a result, all bats with non-wood barrels must meet BBCOR (Batted Ball Co-Efficient of Restitution) standards, and must be so labeled. Because all BBCOR bats have a “drop” of no more than “minus-3,” this means all non-wood bats in these divisions must have a drop of no more than minus-3.
- **Tamper-Evident Bats:** Because the technology to create bats that show evidence of tampering is not yet available, this aspect of the rules that was anticipated and published two years ago, and again last year, will not apply in 2012.
- **Penalty for Use of an Illegal Bat:** Previously, the penalty for the use of an illegal bat was simply to remove the bat from the game. In 2012, the penalty has been increased as noted in the rules below.
- **Definition of an Illegal Bat:** To narrow the definition of an illegal bat, a new entry was added to Rule 2.00, specifically describing an illegal bat for the purposes of imposing the penalty. As a result, the definition includes altered bats,

but excludes a bat that: is no longer smooth because of normal use; is cracked or dented because of normal use; has a handle that has a smaller diameter than the measurement noted in the specifications; or, has material on the grip (or no material) that does not meet the specifications.

- **Softball:** All rules regarding bats in all softball divisions remain the same as in 2011. The moratorium on composite-barreled bats does not apply to softball.
- **Licensed Bats:** As it has for decades, Little League is publishing a list of licensed bats, all of which have a barrel diameter of 2 1/4 inches. This is not a list of all bats that can be used. As long as the bat meets all the specifications and standards for the specific division of play in question, it need not carry the Little League trademark. (Note that Little League does not license any bats with a diameter of 2 5/8 inches.) The list of licensed 2 1/4 bats can be downloaded as a PDF here: [All Licensed 2 1/4 Bats](#).

The rules regarding baseball bats for 2012 are:

Rule 1.10 - Baseball - The bat must be a baseball bat which meets Little League specifications and standards as noted in this rule. It shall be a smooth, rounded stick and made of wood or of material and color tested and proved acceptable to Little League standards.

Little League (Majors) and below: it shall not be more than thirty-three (33) inches in length nor more than two and one-quarter (2¼) inches in diameter. Non-wood bats shall be labeled with a BPF (bat performance factor) of 1.15 or less; **EXCEPTION: For the 2011-2012 Little League (Majors) and below, for regular season play and Tournament, composite bats are prohibited unless approved by Little League International.**

A list of approved and licensed composite bats can be found on the Little League website at www.littleleague.org.

Junior League: it shall not be more than 34 inches in length; nor more than 2 5/8 inches in diameter, and if wood, not less than fifteen-sixteenths (15/16) inches in diameter (7/8 inch for bats less than 30”) at its smallest part. All composite bats shall meet the Batted Ball Coefficient of Restitution (BBCOR) performance standard, and such bats shall be so labeled with a silkscreen or other permanent certification mark. The certification mark shall be rectangular, a minimum of a half-inch on each side and located on the barrel of the bat in any contrasting color.

Senior/Big League: it shall not be more than 36 inches in length, nor more than 2 5/8 inches in diameter, and if wood, not less than fifteen-sixteenths (15/16) inches in diameter (7/8 inch for bats less than 30”) at its smallest part. The bat shall not weigh, numerically, more than three ounces less than the length of the bat (e.g., a 33-inch-long bat cannot weigh less than 30 ounces). All bats not made of a single piece of wood shall meet the Batted Ball Coefficient of Restitution (BBCOR) performance standard, and such bats shall be so labeled with a silkscreen or other permanent certification mark. The certification mark shall be rectangular, a minimum of a half-inch on each side and located on the barrel of the bat in any contrasting color. Aluminum and composite bats shall be marked as to their material makeup being aluminum or composite. This marking shall be

silkscreen or other permanent certification mark, a minimum of one-half-inch on each side and located on the barrel of the bat in any contrasting color.

In all divisions, wood bats may be taped or fitted with a sleeve for a distance not exceeding sixteen (16) inches (18 inches for Junior/Senior/Big League baseball) from the small end. A non-wood bat must have a grip of cork, tape or composition material, and must extend a minimum of 10 inches from the small end. Slippery tape or similar material is prohibited.

NOTE 1: Junior/Senior/Big League: The 2 3/4 inch in diameter bat is not allowed in any division.

NOTE 2: The traditional batting donut is not permissible

NOTE 3: The bat may carry the mark “Little League Tee Ball.”

NOTE 4: Non-wood bats may develop dents from time to time. Bats that cannot pass through the approved Little League bat ring for the appropriate division must be removed from play. The 2¼ inch bat ring must be used for bats in the Tee Ball, Minor League and Little League Baseball divisions. The 2 5/8 inch bat ring must be used for bats in the Junior, Senior and Big League divisions of baseball.

NOTE 5: An illegal bat must be removed. Any bat that has been altered shall be removed from play. Penalty – See Rule – 6.06 (d).

Rule 2.00 Definition of Illegal Bat

Illegal Bat – An Illegal bat is a bat that has been altered or a bat that is not approved for play because it does not meet specifications with regard to length, weight, barrel diameter, labeling or performance standard for the division in which it is used.

Rule 6.06 – Baseball - The batter is out for illegal action when –

(d) The batter enters the batter’s box with an illegal bat (see bat specifications Rule 1.10) or is discovered having used an illegal bat.

Note: If the infraction is discovered before the next pitch following the turn at bat of the player who used an illegal bat -

1. The manager of the defense may advise the plate umpire of a decision to decline the penalty and accept the play. Such election shall be made immediately at the end of the play.
 2. For the first violation, the offensive team will lose one eligible adult base coach for the duration of the game.
 3. For the second violation, the manager of the team will be ejected from the game. Any subsequent violation will result in the newly designated manager being ejected.
12. For further information on bat rules and regulation
<http://www.littleleague.org/media/newsarchive/2011/Sep-Dec/LLAnnouncesBatRuleChangesfor2012Season.htm>
13. Players must wear “NOCSAE” approved protective helmets during batting practice and games. Girls must wear a helmet with a facemask and a chinstrap. Managers and/or coaches must inspect and approve helmets brought by players for personal use. For further information on batting helmets: www.nocsa.org/

14. Catchers must wear helmet, mask, throat guard, long model chest protector, shin guards, and protective cup with athletic supporter (males) at all times for all practices and games. Any player warming up pitchers must wear catcher's helmet, mask, and throat protector. This applies between innings and in bullpen sessions.
15. All players 2nd grade and up are required to wear protective cups for practices and games.
16. Parents of players who wear glasses are required to provide "safety glasses or sport straps".
17. Players must not wear jewelry during games or practices.
18. No climbing fences, sitting on equipment lock boxes or dugouts. Players will be removed from the dugout and game for repeated violations.
19. Managers/coaches are to clean dugouts and groom the infield after practice or a game.
20. No gum chewing, horseplay or swearing, and no arguing with umpire calls.
21. No dogs are allowed at Centennial Field and no dogs are allowed by policy on any Board of Education field. Parents are encouraged not to bring dogs to the fields due to the potential of injury to players or spectators (dog bites, tripping over the pet or leash, etc.).
22. There is a No Parking in the turn-around at Centennial Field (borough ordinance #292-23); only drop-offs. There is No Parking between signs on Bedford Avenue at Upper Smith Field.
23. No smoking is allowed on any borough property or field (ordinance 01-04) and no smoking on any Hillsdale Board of Education field (policy #3515).
24. The manager is required to report all injuries to the Safety Officer.
25. A first aid training course will take place on **TBA**. It is mandatory that one coach from each team attend this class. There will be a sign-in sheet to take attendance. Any new coaches must attend this class.
26. Every coach who is involved with the HBSA must attend at least one first aid safety class, every three years. Records will be kept by the HBSA Safety Officer.
27. HBSA has decided to use the Little League volunteer application. All volunteers (managers, coaches, board members & other volunteers) must fill out a Little League volunteer application form & provide a copy of a government – issued photo ID card, so that a search can be done on the Department of Justice's nation wide sex offender registry. Anyone refusing to fill out a volunteer application is ineligible to be a coach or assistant coach. All applications will be kept by the league president.

Lightning Detection System

It is MANDATORY that all fields are closed as soon as Lightning Detection System activates. They are closed for 30 minutes after the last occurrence of thunder or lightning AND when Lightning Detection System deactivates.

Thunderstorm & Lightning Safety

Thunder or Lightning - - - Seek Shelter Immediately. If you can hear thunder or see lightning (the actual strike vs. “heat lightning” described below), you are close enough to the storm to be struck by lightning. Heat Lightning: is actually lightning from a thunderstorm too far away for the thunder to be heard. However, the storm may be moving quickly in your direction.

- Go to a safe shelter immediately. The safest place is in an automobile.
- Move to a sturdy building or hardtop car. Do not take shelter in small sheds, dugouts, under isolated trees, or in convertible automobiles.
- Stay away from water and water foundations.
- Telephone lines and metal pipes can conduct electricity. Use telephones only in emergency.
- Stay away from metal constructed bleachers and chain link fences.
- If no shelter is nearby, find a low spot away from trees, fences and utility poles. Make sure the place you pick is not subject to flooding.
- If you feel your skin tingle or your hair stand on end, squat low to the ground on the ball of your feet. Place your hands on your knees with your head between knees. Make yourself the smallest target possible, and minimize your contact with the ground.
- Umpires, managers and coaches are to use the flash-bang method. Play is halted immediately when you hear thunder or lightning is sighted.
- All players, coaches, umpires and spectators should try to wait in cars or in buildings. Avoid waiting in dugouts whenever possible; especially at Centennial Field due to the aluminum benches, fencing and dugout roof.

“Flash to Bang” Method: How Far Away Is Lightning From Me?

To estimate the distance between you and a lightning flash, use the "Flash to Bang" method: If you observe lightning, count the number of seconds until you hear thunder. Divide the number of seconds by five to get the distance in miles.

Example: If you see lightning and it takes 10 seconds before you hear the thunder, the lightning is 2 miles away from you (10 divided by 5 = 2 miles). If Thunder is heard...the Lightning is...

- 5 seconds after a Flash - 1 mile away
- 10 seconds after a Flash - 2 miles away
- 15 seconds after a Flash - 3 miles away
- 20 seconds after a Flash - 4 miles away
- 25 seconds after a Flash - 5 miles away
- 30 seconds after a Flash - 6 miles away
- 35 seconds after a Flash - 7 miles away
- 40 seconds after a Flash - 8 miles away

Get to a safe location if the time between the lightning flash and the rumble of thunder is 30 seconds or less.

Source: National Lightning Safety Institute and NOAA

Wet Fields

Please be aware that when the fields are saturated with water, no one is allowed on the premises. Playing on a wet field will ruin the grass for the rest of the season. Please be patient as Mother Nature does her job, we'll let you know when they're ready to be played on. Let's keep Hillsdale beautiful.

Batting Cage Use

- Cage must be locked when not in use
- Batter must wear a helmet; one player in the cage at a time
- Protective net must be in place
- Set the pitching machine before the batter steps to the plate
- Only certified coaches may operate the pitching machine
- NO metal cleats

Accident Reporting Procedures

An incident that causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/or first-aid (including ice for even minor injuries) must be emailed or faxed to the Safety Officer within 24 hours, **no exceptions**. The HBSA accident report can be downloaded from www.hillsdalebaseball.com. The following information must be provided:

- The name and phone number of the individual involved
- The date, time, and location of the incident (see field locations below)
- The team and playing level
- As detailed a description of the incident
- The name and phone number of the person reporting the incident
- The preliminary estimation of the extent of any injuries, and whether or not the player received medical attention from doctor or emergency room.
- All injured players who seek medical attention from a physician or hospital emergency room are not allowed to play Rec or Travel ball until HBSA's Safety Officer received a medical note clearing the player to continue playing (copy to league President, level coordinator and team manager).

Contacting the Safety Officer

Paul DePaolo
201- 805-2506
paul_depaolo@hotmail.com

Concession Stands: Memorial and Centennial Fields

Cooking & Handling

- Nobody under 18 years of age can operate equipment to cook or reheat food.
- Hot foods must be cooked at least 140 degrees for beef and 155 degrees for pork
- All cooked foods are to be served by food handlers who wear gloves, and will be cooked by volunteers over 18 years of age.
- Cold foods will be refrigerated at 41 degrees or below.
- Reheating of food will be done up to 165 degrees.
- The Ice and popcorn machines will be scooped with a proper scoop; not hands.
- Food handlers do not collect or handle money, but will be handled by a separate volunteer.
- Food handlers will wash their hands with hot water and soap, and signs will be posted in the kitchen and restrooms.
- Food handlers will wear hairnets or caps.
- Food will be discarded if not cooked by the posted sell-date stamped on the packaging.
- Food handlers will use a thermometer to properly check the temperature of cooked meats.
- Grease will be removed by a qualified company.
- Only approved items are sold at the concession stand.

Cleaning

- The concession stand has a 3 basin sink for sanitary washing, rinsing and sanitizing of cooking utensils, plates, pots and pans.

Safety

- All leftover food will be discarded.
- The kitchen is equipped with grounded outlets to protect against electrical shock.
- Ice for First Aid will be made only in ice trays, and kept in the freezer and clearly marked for First Aid.
- Fire extinguishers are at each door. Fire extinguishers will be regularly checked.
- First-Aid kits are by each door.
- All concession stand volunteers have been trained in First-Aid and the use of all equipment.
- Cooking, electrical and safety systems will be checked regularly by the Fire Inspector.
- Cleaning chemicals will be safety locked up.
- No money will be left in the concession stand.
- The local and County Board of Health will review the concession stand to insure a safe, clean operation.

Field Locations

<u>Beechwood Park (Softball)</u>	Hillsdale Avenue west of Everdell Avenue
<u>Centennial Field/Corra Field</u>	Kinderkamack Road and Lincoln Avenue
<u>George White School (Softball)</u>	Hillsdale Avenue and Magnolia Avenue
<u>Knickerbocker Field</u>	Kinderkamack Road and Lincoln Avenue
<u>Lower Smith School Field (Softball)</u>	Hillsdale Avenue opposite Paul Court
<u>Memorial Field (Baseball)</u>	Hillsdale Avenue and Hopper Street
<u>Memorial Field (Softball)</u>	Washington Avenue and Hopper Street
<u>Smith School Field (playground)</u>	Hillsdale Avenue opposite Paul Court
<u>Upper Smith School Field</u>	Hillsdale Avenue and Bedford Road
<u>MeadowBrook School</u>	Ruckman Rd and Piermont Ave

Hillsdale Baseball & Softball Association

P.O. Box 214

Hillsdale, NJ 07642

www.hillsdalebaseball.com

HBSA@hotmail.com

Borough of Hillsdale
Patty Hughes, Recreation Director
phughes@hillsdalenj.org
(201) 666-4800 x5089 (call hotline for field status)

Every coach must be Rutgers Certified and Finger Printed as per the Hillsdale Borough Ordinance number (2a:62a-6.1-6.2) and (11-11). It is the responsibility of the head coach to verify the above mentioned. If a person is not certified and finger printed they are NOT permitted on the field. **If a coach lets someone on the field to coach that is not certified or fingerprinted the HBSA will take appropriate disciplinary action. To include suspension or ineligibility.**

HILLSDALE BASEBALL & SOFTBALL ASSOCIATION

"2012 COACHES CODE OF CONDUCT & ETHICS AGREEMENT"

I hereby pledge to live up to my "Youth Sports Coaching" certification/training as a Volunteer Coach for: The Borough of Hillsdale; Recreation Department; Hillsdale Baseball & Softball Association and Youth Baseball/Softball Program by following the basic guidelines below:

1. I will place the emotional and physical well being of my youth players ahead of a personal desire to win the Sporting Event.
2. I will play every player on the team for a minimum of 3 innings per game.
3. I will treat each player as an individual, remembering the diverse range of emotional and physical ability development issues for the same age children.
4. I will do my best to provide a safe playing area for all my players.
5. I will promise to review basic first aid principles necessary to treat injuries of my players.
6. I will do my best to organize practices that are fun, encouraging and challenging for all my players.
7. I will lead by example by demonstrating fair play, respect for umpires and sportsmanship to all Players.
8. I will provide a sports environment for my team that is free of drugs, tobacco and alcohol, and I will refrain from drugs, tobacco and alcohol at all youth sports events.
9. I will be knowledgeable of the rules and guidelines of the sport of Baseball & Softball, and I will teach these guidelines and rules to the players. I will use coaching techniques that are age and skill appropriate for all the players on my team.
10. I will remember I am a Youth Baseball/Softball Coach, and that the game is for the children/youth and NOT the adults/parents.
11. I will help my team learn to lose graciously. Here are some samples of positive verbiages: We do not succeed at everything; we have to try a little harder next time. Losing helps us prepare for setbacks that happen in other parts of our lives. Praise the youth for their small successes in the game.
12. I will refrain from arguing, disagreeing, bad mouthing an umpire's call or lack of a call. I will respect the Umpire's job/roll they play in the league - (Many umpires leave/quit because of the abuse from Parents, Players and Coaches).

13. I will be careful of the tone of my voice and words I use around the young athletes. Always remember, the players look up to their Coaches and my words can have a negative or positive influence on their future participation in youth sports.

The focus of the Hillsdale Baseball & Softball program is CONSTRUCTIVE FUN --ENCOURAGEMENT -SKILL DEVELOPMENT -INCREASING SELF ESTEEM --FRIENDSHIP - basically developing healthy workout habits for future years. I have read the above stated guidelines and agree to be a volunteer coach with these procedures in mind.

I understand that a major infraction of the above guidelines will result in my removal as a coach for the balance of the current season and potentially future seasons. There will be no warning whatsoever.

All submissions of such acts are to be submitted in writing (to the following presidents with a copy to the President of HBSA, Abby Lundy) to the following email addresses:

- President, HBSA: Abby Lundy- abbylundy@optonline.net
- President, Boys Baseball: Joe Patti – j_patti@yahoo.com
- Knickerbocker, President: Greg Dilorenzo gdilo227@gmail.com
- President, Girls Softball: Bob Basovsky – rkbasovsky@verizon.net

New Jersey Law can require any Parent/Coach that acts inappropriately at a youth sport event to be removed from the event and go to Anger Management Class before attending future Sports Events.

New Jersey Law States that it is legal for Youth Organizations to have a "Code Of Ethics" for the Athletes, Volunteer Coaches and Parents.

Not following the "Code of Ethics" can bring this person before a review panel to discuss the course of action that will determine the result of coaching. Removal from the Youth Sports program and possible "Anger Management" classes may be a direct result of the infraction.

Volunteer Coaches Signature _____

Date _____

Coaches Printed Name _____

Grade Coached _____

League Coordinator Signature _____

Hillsdale Baseball & Softball Association Volunteer Application

Name _____ Date _____

Address _____

Home Phone _____

Cellular Phone _____

Email _____

Previous volunteer experience (including baseball/softball and year)

Do you have children in the program? Yes ___ No ___

If yes, at what level? _____

Special Certification (Rutgers, CPR, Medical) _____

Have you ever been refused participation in any other youth programs? Yes ___ No ___

If yes, explain: _____

In which of the following would like to participate?

Coach ___ Assistant Coach ___ Concession Stand ___ League Official ___ Other _____

As a condition of volunteering, I give permission for the Hillsdale Baseball & Softball Association, hereby referred to as (HBSA), to conduct a background check on me- which may include sex registries and child abuse history records. I understand that, if appointed, my position

is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability HBSA, the officers, and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, HBSA is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of HBSA policies or principles.

Applicant Signature _____ Date _____

Applicant Name (print) _____

Note: HBSA will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

HBSA use only: Background check completed by league on Date _____



Little League Volunteer Application -2011

Do not use forms from past years. Use extra paper to complete if additional space is required.

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO COMPLETE THIS APPLICATION.

Name _____ Date _____

Address _____

City _____ State _____ Zip _____

Cell Phone _____ Business Phone _____

E-mail Address: _____

Date of Birth _____

Occupation _____

Social Security # (mandatory upon request or with LexisNexis) _____

Employer _____

Address _____

Special professional training, skills, hobbies: _____

Community affiliations (Clubs, Service Organizations, etc.): _____

Previous volunteer experience (including baseball/softball and year): _____

Do you have children in the program? Yes No If yes, list full name and what level? _____

Special Certification (CPR, Medical, etc.): _____

Do you have a valid driver's license: Yes No

Driver's License#: _____ State _____

Have you ever been convicted of or plead guilty to any crime(s): Yes No

If yes, describe each in full: _____

Are there any criminal charges pending against you regarding any crime(s) involving or against a minor? Yes No If yes, describe each in full: _____

Have you ever been refused participation in any other youth programs? Yes No

If yes, explain: _____

In which of the following would you like to participate? (Check one or more.)

League Official Coach Umpire Field Maintenance

Manager Scorekeeper Concession Stand Other

Please list three references, at least one of which has knowledge of your participation as a volunteer in a youth program:

Name	Phone
_____	_____
_____	_____
_____	_____

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct a background check on me, which may include a review of sex offender registries, child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Signature _____ Date _____

Applicant Name (please print or type) _____

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

LOCAL LEAGUE USE ONLY:

Background check completed by league officer _____ on _____

System(s) used for background check (minimum of one must be checked):

Sex Offender Registry Criminal History Records *LexisNexis

*Please be advised that if you use LexisNexis and there is a name match in the few states where only name match searches can be performed you should notify volunteers that they will receive a letter directly from LexisNexis in compliance with the Fair Credit Reporting Act containing information regarding all the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.

NOTES